Your Attitude and You

Do you take a positive attitude toward yourself and have a positive attitude on the job?

1. Are you willing to LEARN? - Knowledge is important for growth.
2. Do you do your BEST on the job? - Take pride in your work.
4. Are you willing to GROW? - Growth is an important step towards success.
5. Do you welcome CHANGES? - Change can lead to opportunity.
7. Are you DEPENDABLE? - Dependability is the key to success on the job.
8. Are you CONSIDERATE of others? - This includes the time of others.

Easy ways to develop a positive attitude:

1. Surround yourself with OPTIMISTIC AND SUPPORTIVE people - Attitudes are contagious.
2. Be POLITE - Your demeanor speaks volumes.
3. Be HELPFUL - It makes you feel good to see someone smile.
4. Be PATIENT - You never know what other people are dealing with.
5. BELIEVE in yourself - Others are watching and waiting to applaud you.
6. Set GOALS for yourself - If you don't know where you're headed, you'll never get there.
7. MINIMIZE EXPOSURE to negative influences - You are what you surround yourself with.
8. Take PRIDE in yourself - If you feel good about yourself, others will feel good about you.

And don’t forget to pat yourself on the back. Finding a job is hard work. Lao Tzu says, “The journey of a thousand miles begins with one step.”